

IRFU Game Regulation Variations for: Schools & Youths Rugby

Age Category	U13	U14	U15	U16	U17	U18	U19
Max. Match Duration	50 min.	50 min.	60 min.	60 min.	70 min.	70 min.	70 min.
Injury time	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Extra time:	No	No	No	No	No	No	No

Ball size	4	4	4	5	5	5	5
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Line out: Lifting	No	No	No*	Yes	Yes	Yes	Yes
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*Lifting also allowed at Medallion Schools (Under 15) level in Ulster.

Scrum: Push	1.5m only	1.5m only	1.5m only	1.5m only	1.5m only	1.5m only	1.5m only
Scrum: Wheel & reset	45 Degrees & Reset	45 Degrees & Reset	45 Degrees & Reset	45 Degrees & Reset	45 Degrees & Reset	45 Degrees & Reset	45 Degrees & Reset

Must have the same number of forwards in the scrum, if a forward is carded – opposition must reduce numbers – if a back line player is carded no reduction in forwards.

Must have the following format: Full scrum: **3-4-1**. In the event of yellow card(s): then **3-4/** then **3-2-1/** then **3-2**

Maul - Use or Lose Application	Yes	Yes	Yes	Yes	Yes	Yes	Yes
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Squeeze Ball	Not Allowed	Not Allowed	Not Allowed	Not Allowed	Not Allowed	Not Allowed	Not Allowed
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Squeeze ball: Sanction Penalty Kick

Yellow Card	No	5 minutes	5 minutes	5 minutes	7 minutes	7 minutes	7minutes
Red Card	Yes, player to be replaced	Yes	Yes	Yes	Yes	Yes	Yes

Yellow cards are not applicable in matches refereed by club and school affiliate referees.

Incidents where players are ordered off must be reported to the relevant branch.

Substitutes: (7 +) Front Row cover	Must have front row cover i.e. 6 front row players See Law 3.5 U19 Variations	Must have front row cover i.e. 6 front row players See Law 3.5 U19 Variations	Must have front row cover i.e. 6 front row players See Law 3.5 U19 Variations	Must have front row cover i.e. 6 front row players See Law 3.5 U19 Variations	Must have front row cover i.e. 6 front row players See Law 3.5 U19 Variations	Must have front row cover i.e. 6 front row players See Law 3.5 U19 Variations	Must have front row cover i.e. 6 front row players See Law 3.5 U19 Variations
Blood Substitutes:	Yes	Yes	Yes	Yes	Yes	Yes	Yes

Blood Substitutes: Player if returning must do so within 15 minutes.